

## Medical Intuition: It's All In The Details

By Sue H. Singleton, BA, MBA, Medical Intuitive, MHT, CST, EOLMTT, Author

After performing well over 8,500 Medical Intuitive (MI) Readings throughout the past 27+ years, and educating clients, students, and conference attendees, I continue to enjoy teaching others about my profession. I strive to illuminate the subject, bringing it out of the dark recesses of understanding for medical professionals and laypersons. MI can, and does, play a critical role within complementary medicine. In fact, the more practitioners of both realms cooperate with each other, the better they serve their clients.

Medical Intuition seeks to name the **Root Cause or Original Trigger** of a complaint, illness or disease, or to pro-actively discover the imbalance **before** it becomes disease or illness. Unlike a psychic reading, an MI Reading provides a detailed anatomical, physiological and psychological profile of the Root Cause(s) or Core Imbalances. A Medical Intuitive traces an imbalance back to its source location (specific muscles, organs, glands) and timeframe, when the client's body was unable to restore homeostasis through normal mechanisms. MI Readings can be performed on people of any age and medical history, and are NOT just for people with serious health problems. MI Readings do not provide, nor replace, medical diagnoses.

Aura/chakra readings may be helpful, depending on someone's concerns or goals. However, they identify auric asymmetries and weakness - which may or may NOT be where the Root Cause is stored. Also, depending on the reader, s/he may not provide a detailed Root Cause, or comprehensive plan to resolve it. Psychics or Intuitives who receive health insights are NOT necessarily Medical Intuitives. Although some Intuitives have innate abilities for anatomical insights, Medical Intuition CAN be taught by a qualified, practicing MI.

While Muscle Testing (Applied Kinesiology) is a beneficial tool used by medical doctors, chiropractors, massage therapists, herbalists, and psychics when narrowing a list of possible causes, it is frequently mistaken for Medical Intuition. MI, however, reaches well beyond the knowledge or "list" of possibilities known to non-MI practitioners, assuming the Medical Intuitive has a "discernment" level of accuracy. Discernment is an acquired ability to obtain highly accurate, detailed data, from a universal consciousness state, in which the personality, knowledge or experiences of the intuitive are transcended. At this level, answers totally outside his/her realms of intellectual knowledge become available.

When considering an MI Reading, be open-minded about what you can learn, and be ready to follow through with your "homework plan". It is one of the most empowering and affirming journeys you can choose! The following summaries of some of my actual MI Readings (on the next several pages) provide you with a sense of the depth and details that come through as I enter a state of discernment.

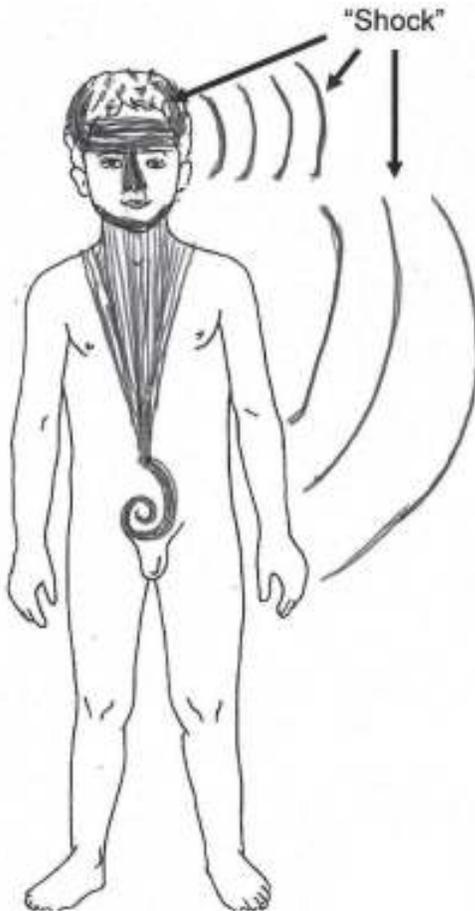
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## Medical Intuitive Reading

by Sue H. Singleton (*Summary of Notes, not entire Reading*)

**Diagnosis/Complaint:** Autism/PDD-NOS  
(Pervasive Developmental Delay-Not  
Otherwise Specified)

**NOTE:** The information in **RED** is what the parent shared **AFTER** Sue's MI Reading/ Scan was complete.



### **ENERGETIC OVERVIEW:**

There is shock in the brain and body, which has also affected the energy fields to the left of the body and cranium with rippling distortions. This has resulted in incoherent data in the BioPlasmic Field (BPF) related to brain and body functions and coordination.

Strong compression and trauma/injury patterns in the frontal and temporal regions of the cranium and chin. Stress pattern extends from throat and chest to lower pelvic abdomen, which then becomes a twisting spiral.

**ROOT CAUSE:** Physical trauma residues and physical or emotional "shock" in the brain and body (from 9 unresolved incidents): In **womb approximately 5<sup>th</sup>-6<sup>th</sup> month** (**mother fell off a ladder**); **6 months** (**extremely active crawler, climber, multiple injuries**); **1 ½ -2 years** (**many vaccines, multiple playground injuries, did extreme head-banging to himself**); **age 5** (**parents divorced**); **age 9** (**concussion at playground**).

These traumas/injuries have affected his Pre-Frontal Cortex (PFC) region of the brain, affecting impulse control, decision-making, control of emotional responses. There are bi-lateral compressions of the frontal, parietal cranial sutures, nasal bone, palatines and sphenoid juncture. There is resultant stress on the Hypothalamus Gland (emotional processing and storage; bridge between the central nervous system and endocrine/glandular system) and the Amygdala Gland (fight or flight response). (**He throws himself around carelessly and with gusto, always multiple minor injuries; he is easily frustrated and angry**).

**ROOT CAUSE:** Illness Residues, in particular 4 viral strains, all are mutated. Two are active, 2 are energy imprint residues. Suspect vaccine damage. **Age 3 months** (**very sick, hospitalized**); **age 1** (**specifics unknown**); **age 7**. **Had all vaccines up until age 2, then parents stopped vaccines.**

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**IMPORTANT AGGRAVATORS (But not Root Cause):** Outside Toxins. In particular, metallic (from vaccines), chemicals—solvents & cleaners category (much bleach, Lysol at home and school, along with other cleaners. Grandmother was also heavily into toxic cleaners), also something else chemical prior to birth (Ptosin chemical before birth to stimulate contractions).

**ROOT CAUSE:** Fear, Stress, Anxiety, Overwhelm, Panic, Chaos, Unsafe, etc. This is held in the brain hard-wiring and the body's cellular memory of the chest, throat and thyroid. **Birth** (Mom had 2 doses of Ptosin to stimulate contractions, he was born with cord around his neck, he was totally blue); **Age 6 months-1 year** (vaccines, moved homes); **Age 2** (vaccines, diagnosed with autism, parents devastated); **Age 3** (pre-school, extremely hectic classroom which he could not handle). Also 9 karmic Fear and physical trauma issues, including toxic fumes in 2 lifetimes and physical traumas/fear induced by them. He has multiple food sensitivities.

**ROOT CAUSE:** Anger, Frustration, Resentment, Control, Impatience, Inflexible, Misunderstood, Judged, Betrayal, etc. This is held in the brain hard-wiring and the Bio-Plasmic Field (BPF). **Age 3** (pre-school issues, as above); **Age 8/9** (Mom began dating again). Also a past life betrayal from an invention being stolen.

**ROOT CAUSE:** Sadness. Loss, Grief, Isolation, Empty, Feeling Different, Lonely, Not Fitting In, Abandonment, etc. **Birth** (hard to enter body, see above); **Age 5-6 months** (parents moved, vaccines); **Age 3** (same pre-school issues as above); **Age 5-6** (Dad left, parents divorced, lost house, Mom got off anti-depressants and was extremely stressed in the transition); **Age 8-9** (Mom began dating again).

**SOUL'S JOURNEY:** 943 lifetimes in the earth realm; 137 in other dimensional realities, including other life forms and other galaxies. Themes: Inventor in over 400 lifetimes and Healer in about 300 lifetimes.

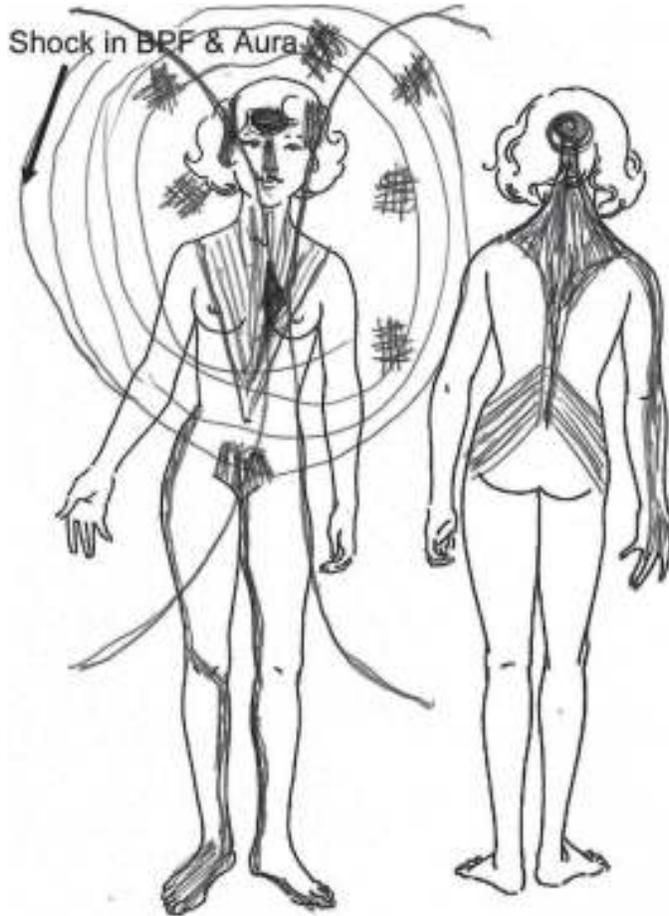
**HOMEWORK FROM SUE:** Continue the GFCF Diet very strictly (gluten, casein, sugar, and dairy-free). Sue includes a new custom constitutional remedy made by Sue and Aaron Singleton; Rings of Oden specific configurations to work with at home; specific color frequencies to work with; specific music to work with; specific food-based supplements for correction and repair; specific sound therapy CD to work with; educated Mom on social cues and brain hard-wiring exercises with her son; recommended distant or in-person healing sessions with Sue and Aaron (individually). A phase #2 homework plan will need to be laid out after Sue does a re-assessment in approximately 3 months.

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Notes, not entire Reading)

**Diagnosis/Complaint:** Severe dizziness, fatigue, psychological issues, "disabled"

**NOTE:** The information in RED is what the client shared AFTER Sue's MI Reading/ Scan was complete.



### **ENERGETIC OVERVIEW:**

I see "outside influences/interferences in the Bio-Plasmic Field (BPF), the emotional and physical auric layers, and the Torus Field. Shock is also in the same energy fields.

**ROOT CAUSE:** 4 incidents of emotional shock, 4 physical traumas to the head, face, mouth, neck. 1 trauma to chest. **Age 1** (vaccines), **Age 3** (took Mom's anti-depressants and was in Intensive Care Unit in hospital), **Age 4** (See-saw hit her in face), **Age 7**, **Age 10** (dental work and extractions), **Age 12** (not remembered by client), **Age 15** (not remembered by client), **Age 18** (emotionally traumatized by 9/11 terrorist attacks in NYC and the resultant media coverage), **Ages 24/25** (Mom died, long-term boyfriend suddenly walked out).

Metabolic imbalances in the liver, pituitary and hypothalamus due to shock and outside interference. The root causes in this category are stored in the body's cellular memory and BPF.

**ROOT CAUSE:** Spiritual/Karmic. 6 outside influences in BPF, of which 5 are karmic past relationships (entities) and 1 interference by a male in this life (now deceased). 1 outside interference is in the Torus Field, which is misaligned to the left. This contains someone else's anger, not yours (Dad's). Sue shared numerous details about client's soul's history.

**ROOT CAUSE:** Fear, Worry, Anxiety, Stress, Hopeless, etc. lodged in body's cellular memory (torso muscles and fascia, thyroid), and brain hard-wiring. **Birth** (Mom got infection, labor induced, Mom never recovered), **age 3** (drug overdose, in ICU), **Ages 6/7, 14/15, 28** (specifics unrecalled by client, although challenging times) **Age 32** (another long-term boyfriend left her). Client admitted she's always been a nervous worrier; Mom was dizzy and tired after her birth, nearly identical symptoms to client's. Intense phobia about throwing up. Karmic aspect: crushed in earthquake, rocks and dirt

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(life-long fear of earthquakes and tornadoes). Karmic spiritual warrior issue (feels she's always embattled). It is important to re-negotiate the spiritual warrior contract in our sessions with you. It is no longer necessary for you to do this, you have done this in many lifetimes already.

**ROOT CAUSE:** Illness Residues/Pathogens. 2 mutated viral strains (I suspect herpes and measles or MMR vaccine); 2 bacterial strains, 1 is mutated, 1 is not (I suspect Bartonella and Strep) and I see what appears to be an auto-immune response: the body attacking itself because it does not recognize the mutated pathogens. At age 18, she had a very severe herpes outbreak inside her mouth, which then spread to her face and neck. She reports that she "went mentally weird after that" and has never been the same since that time. Also had some cat bites and infections, unknown ages.

**ROOT CAUSE:** Anger, Feeling Misunderstood, Betrayal, Frustration, Issues with Control or Being Controlled, etc. This pattern is held/stuck in the Torus Field, Bio-Plasmic Field and the Brain Hard-Wiring. Age 7 (client does not recall); Age 9-10 (Dad kicked her in the butt, up the stairs, blaming her for something the younger sister did. She did not want to rat out on the younger sister, so she kept silent); Age 18 (very upset about 9/11 terror attacks in NYC and subsequent media coverage); Ages 22-24 (Mom's cancer diagnosis and ultimate death: client was angered by doctors not trying enough/listening to her ideas enough, and at herself for not figuring it all out to save her Mom); Ages 29-32 (challenging relationship with a boyfriend she still loves today, he ultimately left her). She has 3 sisters, she is the 2<sup>nd</sup> youngest, Dad was always working. She felt blamed and unappreciated by Dad. Due to her disability at this time, she is forced to live with her Dad, she lost her housing.

**ROOT CAUSE:** Sadness, Loss, Grief, Disappointment, Unloved, Unlovable, etc. This is embodied like a wetsuit around your entire body's cellular memory, and also in the brain hard-wiring. Although she could not identify with the numerous specific ages Sue provided, due to her lack of memories and feeling disconnected from her life, she said "This is the story of my life. You totally get me."

**AFTER-EFFECTS of the ROOT CAUSES:** Insufficient cleansing and clearing of the liver, small intestines, colon, brain and thyroid.

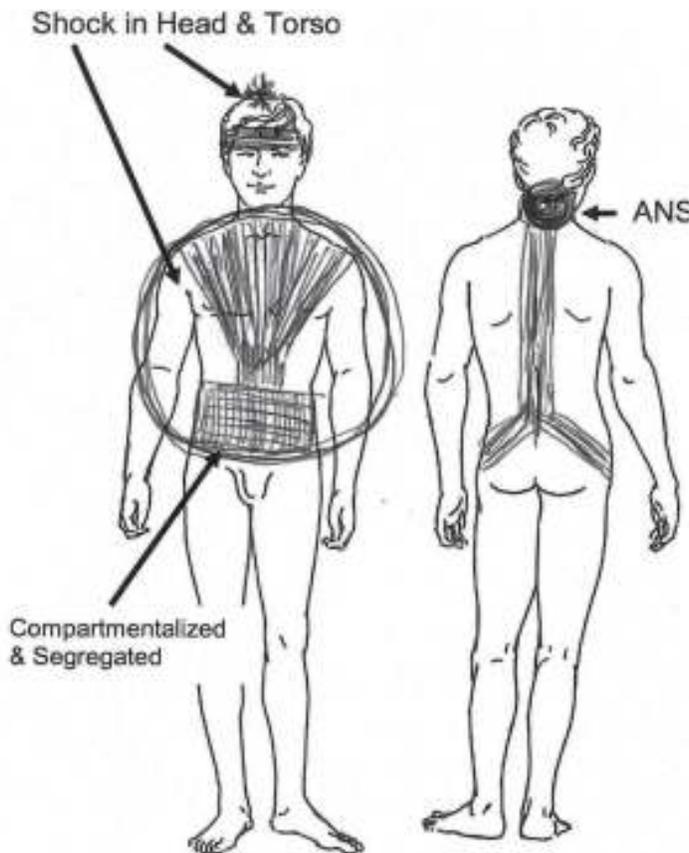
**HOMEWORK:** Specific BioMorphic Geometry homework, specific CD for self-healing; custom algorithms created by Sue or Aaron Singleton for client's home use; Distant Healing with Sue and Aaron (individually); phase # 2 and # 3 homework with Sue after the initial healing phase. Pathogen reversal to recognizable is part of the sessions with the Singletons; anti-pathogen protocols for client to work with at home.

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A Medical Intuitive Reading is not a medical diagnosis. The information provided is not intended to diagnose or treat any medical condition, and does not replace a medical diagnosis by a qualified medical doctor.

**Diagnosis/Complaint:** *Extreme fatigue, anxiety*

**NOTE:** The information in **RED** is what the client shared **AFTER** Sue's MI Reading/ Scan was complete.



**ENERGETIC OVERVIEW:**

I see an area of longstanding compartmentalization and segregation in your lower pelvic abdomen, indicating a denial or suppression of something, or an attempt to make sense of something, or to stick it aside. There is also a significant stress pattern at the brainstem (autonomic nervous system) and down the spine, into the sacrum. An area of shock is internalized into your entire torso, as well as at the crown of your head. **Does not remember childhood, grew up in Russia. Outgoing, healthy and high energy until age 5/6, then not. No idea what happened then.**

**ROOT CAUSE:** Outside Toxins. Electromagnetic Radiation (**Chernobyl radiation fall-out?**), metallics, including lead, mercury and cadmium, as well as a mishmash of chemicals in the thyroid, liver and colon. Catabolic metabolic imbalances in the hypothalamus, pituitary and adrenal glands. Stress and sluggishness in the thymus and thyroid glands.

**ROOT CAUSE:** Guilt, Remorse, Shame, Embarrassment, Feeling Blamed by Others or Self-Blame, Overly Responsible/Perfectionist, etc. **Age 6/7** (usually loving father became very angry and hit him), **Age 10** (specifics not recalled by client, but he did not like having a younger sibling), **Ages 17-22** (became an activist in Russia, left with parents age 21, moved to U.S.).

**ROOT CAUSE:** Sadness, Loss, Abandonment, Feeling Unloved, etc. Birth—wise soul with many lifetimes, your body found it very hard to lower your vibration to come into the infant body

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(premature birth, cord wrapped around his neck). Also **Age 2/3** (unrecalled by client), **Age 7** (usually loving Dad hit him), **Ages 11, 32/33** (unrecalled by client), **Age 42** (difficult divorce), **Age 44** (financial stresses). Few memories of specific events in his life overall, but very much identifies and resonates with the information provided by Sue.

**ROOT CAUSE:** Physical Trauma Residues and Physical or Emotional Shock (11 unresolved incidents), lodged in the body's cellular memory and the Bio-Plasmic Field (BPF). This has caused a Catabolic Metabolic Imbalance in the autonomic nervous system, the hypothalamus, pituitary and adrenal glands, and thus is causing glandular system imbalances. **Age 3-4** (fell on stairs, fractured nose); **Age 7** (tonsillectomy; also brother was born age 8: a very hard and uncomfortable adjustment to have a sibling); **Age 10** (no recall by client); **Age 17** (no specific memories from client, but became an activist in Russia); **Age 38** (car accident); **Age 45** (big financial stresses). The client also recalls at least 1 more significant head trauma, unsure at what age.

**ROOT CAUSE:** Fear, Stress, Anxiety, Overwhelm, Dread, Worry, Anticipatory Anxiety, Crisis Management, etc., which are held in the BPF, Brain Hard-wiring and in the body (like a wet-suit enveloping his body). Sue named many specific ages, which due to his lack of detailed memories, he was unclear about the individual ages. He did, however, say the political stresses and unrest in Russia caused them all un-ease, he became an activist, and the family then left the country. He acknowledged that he is a chronic worrier, operates in crisis management mode for his business, and gets very easily anxious and overwhelmed.

**AFTER-EFFECTS of the ROOT CAUSES:** Conversion of nutrients is challenged; low mineralization of the body, including phosphorous, magnesium, calcium and zinc. Also low on B vitamins. Sluggish thyroid and adrenal function; low testosterone levels.

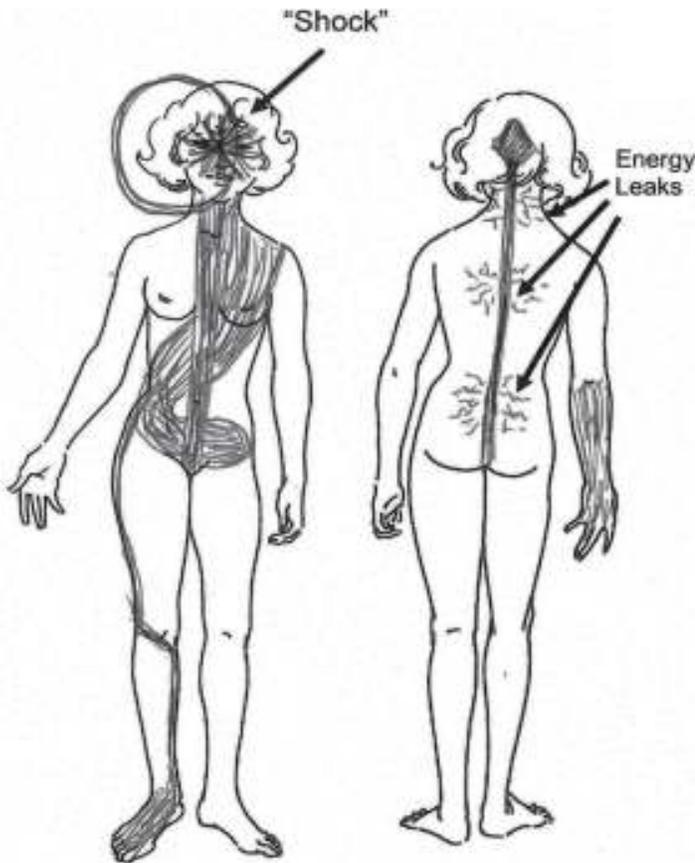
**HOMEWORK PLAN:** A specific personalized nutritional and herbal plan for this client, related to low mineralization, anxiety, adrenal fatigue, to be re-assessed in Phase # 2 homework session with Sue. Specific electrolyte, mineral formula to be added to drinking water daily. A specific CD to practice self-care and healing at home. Recommended follow-up healing sessions with Aaron and Sue Singleton (individually).

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Medical Intuitive Reading by Sue H. Singleton (Summary of Notes, not entire Reading)

Diagnosis/Complaint: *Exhaustion & Pain*

**NOTE:** The information in **RED** is what the client shared **AFTER** Sue's MI Reading/ Scan was complete.



**ENERGETIC OVERVIEW:**

I see shock deep in the brain, and a displacement of the cranium's Bio-Plasmic Field (BPF) by 4 inches to the right, and separation of BPF from the brainstem. This has caused autonomic nervous system dysfunction and HPA-Axis dysregulation (function and communication issues among the Hypothalamus, Pituitary and Adrenal Glands).

Core central nervous system (CNS) restrictions, severe right-sided pelvic tilt and 3 areas of "energy leaks" along the spine and CNS.

**ROOT CAUSE:** Physical trauma residues and physical or emotional "shock" in the brain and neck: Ages 1, 3, 17 (**very active in track, basketball, volleyball, had injuries**), 24-shock, 28/29 - shock (**severe injury by chiropractic adjustment**), 32, 36. Client has poor recall of ages, but acknowledged 2 severe falls onto face/chin and buttocks, a lot of dental work, a minor car accident.

The 2 shocks caused HPA-Axis dysregulation and the separation of the BPF at brainstem, causing communication break-down to the endocrine system. Shocks also resulted in anabolic metabolic imbalances in the liver, pancreas, duodenum and small intestines. I note rotation and misalignment of the atlas, misalignments of Cervical 2-4-5 and dural tube wrinkling; additional misalignments of Thoracic 5-6, Lumbar 5/S1, Sacrum 3-4-5, right elbow, wrist and carpal bones.

**ROOT CAUSE:** Outside Toxins & Parasites. Parasites in colon, unhealthy flora in small intestines. There are metallic and electromagnetic frequencies (EMF) stuck together in the thyroid, chest and brain.

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**ROOT CAUSE:** Sadness, Loss, Grief, Unloved, Abandonment, Disappointment, etc. Numerous ages named, but her recall of specific ages poor. “The story of my life.” Childhood very difficult, she got very sad talking about it, very sensitive and did not want to discuss. Both parents narcissistic, various types of abuse and shock. She is single, relationships are challenging, nearly impossible for her, as it is hard to be open with people, or to trust anyone. I see this pattern is lodged in the Brain Hard-Wiring, as well as in the Body’s Cellular Memory (in the thymus, thyroid, platysma, longus capitus and diaphragm).

**ROOT CAUSE:** Unresolved Illness Residues. I see 2 viral strains (un-mutated), 2 bacterial strains (mutated) and 3 fungal strains (1 is un-mutated, 2 are mutated), predominantly in the liver, small intestines, colon, thyroid and pancreas. Client indicated she was diagnosed with Lyme Disease and possibly other Tick-borne Diseases at age 18. She was treated with antibiotics for 6 months. Also has tested positive for Epstein-Barr Virus (EBV).

**ROOT CAUSE:** Unresolved Anger, Frustration, Feelings of Betrayal, Judgment, Resentment and Not Wanting to Lose Control Pattern, etc. These are held in the Body’s Cellular Memory (in the psoas, iliacus, diaphragm, colon and spleen), a series of precise ages were named by Sue. Very short-tempered and rude with Sue, recognizes this pattern in herself, but provided no specifics, in terms of the ages. She says she has few memories of her life.

**I noted nutritional and digestive after-effects of the Root Causes:** Low enzyme production in the stomach, liver and pancreas; bacterial overgrowth in the small intestines. I also see mucous in the small intestines and colon, and resultant absorption/assimilation issues.

**HOMEWORK PLAN FROM SUE:** Continue with the recent cleansing plan she had previously started. Sue additionally recommended 12-14 sessions of colon hydrotherapy, after which a change in probiotic regime. Specific BioMorphic Geometry cards for Post-Traumatic Stress as homework, EMF release tools for home use, a specific self-healing CD for home use. Suggested a local chiropractor for non-force upper cervical work. Changed her existing thyroid support and provided specific re-building and repairing nutritional plans for both the adrenals and the thyroid. Distant Healing sessions with Sue and Aaron Singleton (individually), and a Re-Assessment and Phase # 2 Homework Plan with Sue after approximately 6 healing sessions.

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## **About the Author and Medical Intuitive**

**Sue H. Singleton** is an internationally renowned Medical Intuitive, whose detailed insights into the Root Cause of Illness and Dis-ease are often enthusiastically compared with those of the late Edgar Cayce and other well-known Medical Intuitives. She is therefore highly sought-after for private sessions by individuals throughout the U.S., Canada, U.K., Europe, Asia, New Zealand and Australia. Sue is additionally a Master Hypnotherapist, Cranio-sacral Therapist, Energy Of Life Master Healer and Teacher, who combines over 50 healing modalities in her in-person and distant client sessions. She also has a B.A. in French and Spanish and M.B.A. in Finance and International Business; she worked in corporate finance and was a banking executive for many years, until her life-changing car accident and near-death experience in 1990. Since that time she has dedicated her life to helping people become healthier, happier and pain-free, and to become empowered to help themselves. For more information, please visit [www.TheWayToBalance.com](http://www.TheWayToBalance.com), and [www.BioMorphicGeometry.com](http://www.BioMorphicGeometry.com) or call 978-834-0341.

Sue and her husband, **Aaron Singleton**, Visionary, Inventor and Intuitive Healer are co-founders of **The Way To Balance®**, **LLC Center For Advanced Healing and Training** in Amesbury, MA, as well as co-creators of The Energy of Life (EOL) Tools for Transformation and Healing and many varieties and modalities of EOL Workshops and Training. The Singletons' highly acclaimed book, *Nine Simple Laws to Create Joy and Grace: A Comprehensive Guide to Manifestation* continues to receive rave reviews. Together, the Singletons co-create new healing technologies and many innovative products and tools for practitioners and self-help.

Due to the demand for private healing sessions with the Singletons, they began offering Remote Medical Intuitive Group Healing Sessions on a monthly basis, with a different focus/topic each time. The Remote Medical Intuitive Group Healings are open to private clients as well as non-clients all over the world; the schedule is posted on the main The Way To Balance website's "Training and Events Calendar". Their workshops and training (both in-person and webinar) are also listed on the Calendar, including their exclusive **Intuitive Development Training Program, the I.D.E.A.L. Process for Creating a Life You Love!**, normally taught every two years.