

# Health Notes – November 2006

Newsletter from The Way To Balance, LLC

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## Office Closed Nov 8<sup>th</sup> - 29<sup>th</sup> Except For Appointments with Ruth or Kevin



Excitement is building for "Ancient Egypt: Healing Beyond Time", our sold-out 16-day group tour of Egypt from November 10-25, 2006 with Sue and Aaron Singleton.

**Office Notes:** While the majority of our Team is in Egypt, our massage therapists Ruth Baker and Kevin Costelli will be available for appointments at our Center. Except for scheduled appointments with Ruth or Kevin during this time, the office will be closed on Wednesday Nov. 8 (half-day) and reopen on Thursday, November 30. Please do not leave messages for anyone other than Ruth or Kevin during this time, as our office staff will not be picking up voicemail until we return – thank you!

**Message for NON-Travelers:** We haven't forgotten you! Sue and Aaron plan to bring selected items to the Kings Chamber in the Great Pyramid and other sacred sites, for charging with various Egyptian energies during our healing rituals. These items will be available for sale upon Sue and Aaron's return from Egypt – more details to follow! *Note: Sorry, we cannot take special requests for items to charge; thank you for understanding!*

## New: Nutritional Consultation and Meridian Stress Assessment Technology



The Way To Balance is proud to offer an exciting new service, Nutritional Consultation and Meridian Stress Assessment Technology. A trained technician conducts a comprehensive evaluation of a person's energetic health and balance by measuring electrical conductivity at responsive points (meridian points) on the skin – typically the hands and feet. Test points generally correspond to acupuncture points. After the initial measurements of the body's vital functions are taken, recorded and reviewed, the resulting stress values are charted. If stress values are above or below equilibrium, the System's extensive database allows consideration of a wide range of options that may help the client regain healthy balance.

Thousands of herbal, homeopathic and nutritional products may be considered, and selection is customized to the client's specific needs and concerns.

This objective systematic evaluation can be utilized independently, or can complement a Medical Intuitive Reading with Sue Singleton, which determines Root Cause, including physical, mental, emotional and other causes of disease and illness. The MSAS-Professional also offers more advanced options to test for allergies, chemical exposures, and more. This device does not provide a medical diagnosis. If clients suspect they need a medical intervention, they should consult their physician.

## Upcoming Workshops and Events



A summary of our November through January calendar is listed below. Please visit our web site for detailed information about events that interest you. Space is limited, and some workshops offer EarlyPay discounts, so register today!

**November 11-12, 2006**

### **Whole Health Expo – Manchester, NH**

The Way To Balance, LLC informational and product booth, talks and/or workshops by members of The Way to Balance Staff. Sue and Aaron Singleton will not be in attendance, as they will be in Egypt, leading the event listed above. Show hours and details on topics to be announced. For more information on the Whole Health Expo Event, visit [www.wholehealthexpo.com](http://www.wholehealthexpo.com) or call them at 877-WHE-EXPO (toll free) or 413-584-0010 (voice).

**December 9, 2006 – 10 a.m. - Noon**

### **Yoga For Back Care**

Presented by: Liz Owen

Location: The Way To Balance, LLC

**Saturday, Jan. 13, 2007 9:00 a.m. - 4:00 p.m.**

### **The Rings of Oden: New Technology For Quantum Healing**

Presented by: Sue and Aaron Singleton

Location: The Way To Balance, LLC

**January 20-21, 2007**

### **EOL Emotional Release Acupressure System Workshop Series**

Presented by: Sue and Aaron Singleton

Location: The Way To Balance, LLC

View Calendar and more details for each event at [www.TheWayToBalance.com](http://www.TheWayToBalance.com), under Events Calendar