

# The I.D.E.A.L. Process

(Intuit, Discern, Empower, Affirm, Live!)

## For Creating A Life You Love

Presented by Sue and Aaron Singleton, Founders

- What are the 8 crucial Universal Laws that make The Law of Attraction work?
- Do you long for a more peaceful life? Seek improved intuition?
- Are you stuck in a physical or emotional rut? Want to awaken to your life's purpose?
- Do you desire to know how and where your emotions are stored?
- How can you overcome the harmful effects of MRI, Chemo, X-ray, and more?
- Do you desire to discern for yourself what's really true, versus what people tell you?
- Do you need an easy process to discern what's for YOUR highest good?

A series of 7 modules (formerly named EOL Intuitive Enhancement & Self-Empowerment Series) that **build upon each other** and therefore **must be attended in sequence**. Modules [1] and [2] are prerequisites, available on DVD.

### IDEAL Module [1]: Life Empowerment Through Intuition



Professional and personal awakening via a totally unique process that may be used alone, or to enhance Reiki, Pranic Healing or other modalities. You will receive The EOL Energy Attunement and learn to activate and use the EOL<sup>®</sup> flow and cellular memory to begin The I.D.E.A.L. Process. Discover the EOL-specific and unique energy flow patterns to empower heightened Divine Connection while fully grounded in the physical, learn to apply it to your daily life activities, and more. Simple to learn, but produces powerful results!

Appropriate for both laypersons and health professionals. [DVD available]

This module is prerequisite for the IDEAL Process For Creating A Life You Love Workshop Series.

### IDEAL Module [2]: Intuitive Self-Diagnosis & Introduction to EOL Root Cause Model

Discover the framework for The EOL<sup>®</sup> Process for Disease and Illness. Learn where emotions are stored and how physical and emotional traumas and other factors affect your health and require release.

Learn to release harmful residual side effects of electrical stimulation, MRI, chemotherapy and X-Ray, and techniques to clear cellular memory of physical traumas, illness residues, and environmental toxins.

Derived from proven aspects of Biology and Quantum Physics, these easy to apply EOL techniques shed new perspective on human biology, the interrelationship of all matter within the body, and neuro-chemical responses. [DVD available]



Artwork by Kat Bunker © 2005 TWTB, LLC

**Register now for the series, or any workshops you may have missed from a previous series.**

#### Workshop Dates & Times:

**Module 1:**

**Saturday, SEPT. 12, 2009**

**Module 2:**

**Sunday, SEPT. 13, 2009**

**Early-Pay Discount Price:**

**\$150 by Aug. 28**

**9:00 a.m. – 6:00 p.m. each day ~ Check-in at 8:30. Pre-registration & pre-payment required.**

**Investment: \$175 per workshop [9.6 Contact Hours] Location: The Way To Balance, LLC**

**To Register: Call 978-834-0341 or Print Registration Form at [www.TheWayToBalance.com](http://www.TheWayToBalance.com)**

**The Way To Balance, LLC, 21 Water Street, Amesbury, MA 01913**

## OTHER MODULES IN THE EOL “I.D.E.A.L. PROCESS FOR CREATING A LIFE YOU LOVE!” WORKSHOP SERIES:

*Early-pay discount if pre-paid two weeks prior.* Ask for details, and about our cancellation policy and training package discounts. Registration form and lunch menu available on-line; lunch packages available only if pre-ordered 2 days or more in advance.

**NOVEMBER 14, 2009:**

### **I.D.E.A.L. [3]: Empowered Self-Healing Through Dialoguing With Your Body**

*The potential for self-healing lies within our own bodies.*

Discover EOL I.D.E.A.L. Process techniques and tools to awaken the 8th Chakra and heighten full cellular memory within the physical body. Learn to enhance intuitive flow and expand information detail. Discover the role of the limbic system (where emotions are stored and processed in the brain) and unique ways to work with Vibrational Tools, Color, Sound and EOL Aromatherapy Tools for Healing. Apply the EOL Process for Self-Healing of Unresolved Emotional Patterns. Unlock your potential for self-healing and establish resources outside yourself for healing.

*Prerequisite: IDEAL (1-2)*

**JANUARY 9, 2010:**

### **I.D.E.A.L. [4]: Create Life Ideals & Develop Tools for Manifestation and Protection**

*Learn the street-smart tools you need to reach your full spiritual, mental and physical potential.*

Explore the role that Ideals play in your life, plus how to personalize your own Ideal and create a Life You Love. Gain hands-on experience with using “street-smart” tools including crystals, colors, aromatherapy tools and your individualized daily affirmation to protect yourself from negative or outside influences. Discover how to reach your full spiritual, mental and physical potential through guided passages in consciousness, and manifest your thought forms into physical being with the Creation Spiral attunement. *Prerequisite: IDEAL (1-3), plus reading assignment from (3)*

**FEBRUARY 27, 2010:**

### **I.D.E.A.L. [5]: Intuitive Discernment: The Real Quantum Leap to A Successful and Fulfilling Life**

*Activate Your Own Sacred Heart, Discover Its Wisdom and Power.*

You will learn the importance of Discernment and Innocent Perception, and discover how to stop relying on others for answers about YOU. Experience the benefits of Discernment and your BS-Detector in practical daily applications. Discover and discern the wisdom of your own Sacred Heart by learning how to practice EOL Discernment Exercises and use Discernment in Action. You will use techniques including Universal Consciousness and Accuracy, Mindfulness and Focus, The Sacred Heart and the Heart’s Intelligence, and The Sacred Heart Meditation. *Prerequisite: IDEAL (1-4)*

**MARCH 20, 2010:**

### **I.D.E.A.L. [6]: Heighten Discernment and Engage 9 Crucial Universal Laws for Manifestation**

*Logic must be tempered by the wisdom of our hearts.*

This pivotal class shares techniques to help you apply 9 Universal Laws and increase your intuitive accuracy and discernment level. You will learn to release emotional charges, enter the Sacred Heart through a special prayer and explore remarkable dimensions of the Heart’s intelligence. Explore the potential risks of opting to channel instead of attaining discernment. Experience a higher level of spiritual understanding and wisdom through expanding your Sacred Heart, using the EOL Protocol for Discernment, and personally accessing the Akashic Records through safe, guided meditation with Sue and Aaron Singleton. *Prerequisite: IDEAL (1-5)*

**APRIL 10, 2010:**

### **I.D.E.A.L. [7]: EOL and I.D.E.A.L. Process as Quantum Physics in Action**

*Learn to heal and empower others with EOL Techniques and Protocols.*

Integrate and realize the Quantum Physics, Biology and Psycho-Neuro-Immuno-Endocrinology aspects in a simple and fun format. You will learn to expand your practice using the EOL Process For Self-Healing to apply your techniques on fellow participants. Deepen your understanding of physical and emotional trauma in the body, activate EOL® Flow in others, and practice emotional release procedures using EOL techniques for dialoguing with the body as well as color, sound and aromatherapies. Determine the Root Cause of dis-ease using the EOL Healing Framework, and learn practical ways to release panic attacks, phobias, anxieties, frustration, resentment, sadness, grief, shame and guilt.

*Prerequisite: IDEAL (1-6)*